

EASTERN SWANS OFF SEASON TRAINING SESSIONS



Who: U14 and U16 players (U12's also welcome)
Where: At Rogers Oval and various locations around Mackay
Time: Thursday 4 – 5.30pm
Contact: Kylie Gupwell - 0431609924



Come along join a great group of kids as they work to build friendships, stay fit and have FUN! We will be undertaking various activities – beach fitness, indoor cricket/volleyball, beach volley ball, Kayaking, camping, suggestions welcome!

New comers welcome – if you sign up with the Eastern Swans for the 2018 season you will be eligible for a 50% discount on registration fees.