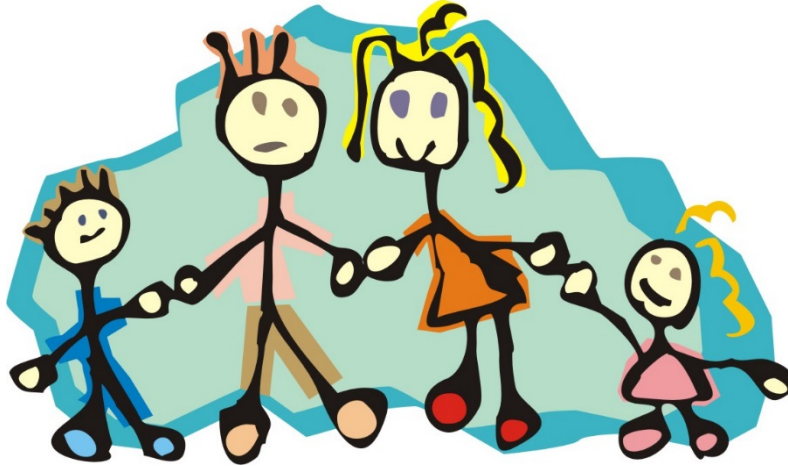


## **Child and Family Counselling**



Our service includes the following (on individual basis):

- Initial assessment interview held with parents/s or guardian.
- Three individual assessments / counselling sessions held with child / adolescent.
- Feedback session held with parent/s or guardian to discuss:
  - Child's presentation in room.
  - Therapeutic relationship development.
  - Issues and themes.
  - Treatment modalities used.
  - Clinical implication if counselling does not go ahead.
  - Future child counselling sessions.
- Treatment modalities include:
  - Play Therapy.
  - Creative Therapy .
  - Educational and Social Skills based books.
  - Role and Puppet Play.
  - Cognitive Behavior Therapy.
  - Narrative Therapy.
  - Strength -based Therapy through play and discussion.

### **Child and Family Counsellor**

**Shannon Wilson**

**Call: 1300 364 277**

2<sup>nd</sup> Floor Worley Parsons Centre

45 Victoria Street, Mackay